

Social Work Services

SOCIAL WORK SERVICE (SWS)

Main Office is in Soldier's Plaza, Bldg 2625.

Office hours are from 0800-1630, Monday-Friday.

Telephone: 545-1661/3308.

The mission of Social Work Service is to provide comprehensive social services to patients, their families, and the military community. As a minimum, Social Work Service will include a Family Advocacy Program, Discharge Planning Service and Deployment Cycle Clinic.

Social Work Service is here to provide professional counseling, consultation, and other social services to you and your family for individual and family well-being. Our ultimate goal is to maintain a healthy environment for Soldiers, family members and other beneficiaries.

Social work counseling is available for the following situations: parents of seriously ill children; pregnant teenaged girls, single active duty women, and women contemplating abortion; patients with illness or injury that call for adjustments in their own or in their family's lifestyle; patients with long-term illness; patients undergoing major surgery; need for information on nursing homes; adoption referral; marital problems; emotional distress; spouse and child abuse/neglect concerns; sleep hygiene, stress management, support of families before and after deployments; provide briefings on various deployment issues to families and units; relaxation techniques; marital counseling and smoking sensation.

Discharge Planning is in MACH, 4th and 9th floor. Office hours are from 0800-1630, Monday-Friday.

Telephone: 544-4418/1345.

Deployment Cycle Clinic is in MACH, 9th floor, and Kelly Hill, TMC. Office hours are from 0800-1630,

Monday-Friday. Telephone: 544-2054/4760/2255.

On-Call worker is available after duty hours. Contact MACH Emergency Room at 544-1502/1123.

Groups / Classes

- **Married Couples' Group, Male Support/Female Support Groups:** 6-8 week programs, 2-hours, 1-day a week. Provides the opportunity for participants to learn ways to resolve conflict without resorting to violent behavior and address specific issues associated with couples involved in abusive relationships.
- **Anger Management Class:** 3-hour class twice monthly, the 1st and 3rd Thursday of each month.
- **Communications Class:** 3-hour class twice monthly, the 2nd and 4th Thursday of each month.
- **Parenting Group: 6-week program, 2-hours, 1-day a week.** **Designed to educate and provide parents with** in-depth insight into children's behavior and to provide directions for alternate parenting practices.
- **Parenting Seminar:** 3-hour class every other month. Designed to educate parents on effective child communication, discipline and guidance.
- **Youth Awareness Seminar:** 4-hour class, every other month, on a Saturday. Designed to rehabilitate teens who have been involved in the Fort Benning legal system. Gives teenagers choices regarding behavior versus consequences.

THERE IS NEVER AN EXCUSE FOR ABUSE

Important Phone Numbers

Fort Benning Victim Advocate Coordinator: 706-545-4013/7594

Fort Benning Military Police: 706-545-5222

Fort Benning Social Work Service: 706-545-1661

Fort Benning Chaplain's Family Life Center: 706-545-1760

Hope Harbour, Columbus Shelter: 706-324-3850

Crisis Center of Russell County: 334-297-4401

National Domestic Violence Hotline: 1-800-799-SAFE

Military One Source: 1-800-342-9447